


Sacred Heart Girls College Athletics Day Schedule 2026

 **Date:** Thursday, 12th March (*Back-up: Monday 16th March*)

 **Venue:** TET Stadium Inglewood

9:15 AM – Roll Call

- Attendance will be taken. Students to line up in Manaaki classes on the grass in the middle of the track
- 1500m runners will be warming up.

Track Events

9:30 AM

 **1500m Championship**

(1 Race - All age groups run together)

9:45 AM

 **100m Championship**

(Approx. 12 races)

10:15 AM

 **1500m Walk Championship**

(All age groups race together)

10:45 AM

 **400m Championship**

Field Events Schedule

 **Field Events:**

9:30 AM

- **Championship Triple Jump** – Intermediate
- **Championship Shot Put** – Senior
- **Championship High Jump** – Junior
- **Championship Long Jump** – Year 7
- **House Discus** – Chanel
- **House Shot Put** (*at Javelin area*) – Barbier

 **Field Events:**

10:00 AM

- **House Discus** – Barbier
- **Championship High Jump** – Intermediate
- **Championship Long Jump** – Year 8
- **Championship Shot Put** – Year 7
- **Championship Triple Jump** – Senior
- **House Discus** (*at Javelin area*) – Lourdes

 **Field Events:**

10:30AM

- **Championship Discus** – Junior
- **House Long Jump** – Lourdes
- **Championship High Jump** – Year 7
- **Championship Javelin** – Senior
- **Championship Shot Put** – Year 8
- **House Long Jump** (*at Triple Jump area*) – Vianney

 **Field Events:**

11:00AM

- **House Shot Put** – Vianney
- **Championship Discus** – Year 7
- **House Shot Put** (*at Javelin area*) – Chanel
- **Championship Triple Jump** – Junior
- **Championship Long Jump** – Intermediate

11:15 AM

 800m Championship

 Field Events:

11:30AM

- **Championship Discus** – Intermediate
- **Championship Javelin** – Junior
- **Championship High Jump** – Year 8
- **Championship Long Jump** – Senior
- **House Shot Put** – **Lourdes**

11:45 AM

 200m Championship

 Field Events:

12:00 PM

- **Championship Shot Put** – Junior
- **Championship Discus** – Year 8
- **Championship Javelin** – Intermediate
- **Championship High Jump** – Senior
- **House Long Jump** – **Barbier**
- **House Long Jump** (at Triple Jump area) – **Chanel**

12:15 PM

 400m Walk – House Competition

- **Vianney, Chanel, Lourdes, Barbier**

 Field Events:

12:30PM

- **Championship Shot Put** – Intermediate
- **Championship Discus** – Senior
- **Championship Long Jump** – Junior
- **House Discus** (at Javelin area) – **Vianney**

12:45 PM – House Chants & Relay Preparation

- Back to house areas.
- House Leaders to organize relay runners. Start marshalling them to start line.
- Any athletes still in field events must finish before reporting to relay marshalling.

1:00 PM – House Relays (4x100m)

- **Year 7/8 (2x Year 7, 2x Year 8)** (Can start while field events finish)
- **Junior (x4)**
- **Intermediate (x4)**
- **Senior (x4)**

1:25 PM – Staff & Year 13 Relay (4x100m)

1:35 PM – Mascot Run (100m)

1:45 PM – House Competitions & Chants

2:10 PM – Rubbish Clean-Up

2:20 PM – Houses Assemble in Their Areas

2:30 PM – Depart Inglewood

Additional Notes:

- **3000m Race will be held at school on Wednesday 11th March 2026 at lunchtime on the bottom field. Parents are welcome to come and support. Staff supervising field events should pack up equipment once their last group finishes.**